

# ASC SANSAR

A Journey to Build more together ...

**November 2022 Edition** 

### Index

- 1 Welcoming New Joiner's
- (2) Tradition Continues- Birthday Celebration
- 3 Rewarding Employee of the Month
- Anju Agarwal, Speaker of 6th National Submit of IBC and Valuation
- 5 They deserve the love
- 6 Try these 8 habits for 90 days and see the magic in your life!
- Celebration on Completion of 10 Years at ASC- Niten Agarwal
- (8) Did you know?
- "Don't let what you can't control interfere with what you can control"
- (10) Farewell
- Quote of the Month





## **Welcoming New Joiners**



Abhijit Shivaji Bhujang Executive



Amit Kamble Executive



Anshu Choudhary Executive



Anukriti Saxena Executive



Arpit SIngh Executive



Harshita Gupta Executive



Hemant Kumar Sr. Executive



Kavita Thakur Executive



Kiran Sanghotra Sr. Executive



Manish Executive



Nikita Sharma Executive



Pinki Banerjee Front Office Executive



Priyal Shrivastava Sr. Executive



Susila Sumantha Zackaria Asst. Manager

ASC Group is glad to welcomes you to be a part of our strong team! We are more than thrilled to have a young talent such as you join our family. You're going to be a valuable asset to our company, and we can't wait to see all that you accomplish.

We look forward to utilize your skill-set and experience to achieve greater and better results. Together, we'll innovate and take this company to new heights.

November 2022 has been enriching with 14 talents joining us at various verticals and branches.

Welcome aboard!

## **Tradition Continues- Birthday Celebration**



















The recipe for a healthy work-life is incomplete without a secret ingredient which is caring colleagues like you!

It's a true honor and privilege to work with you, and I believe you deserve every moment of happy life this world can offer. Having you all as our coworkers is always a beautiful experience.

May no sorrows ever touch you and happiness be your daily companion. Happiest birthday!

## **Employee of the Month**











Your hard work is admirable and highly appreciated, and it guarantees a continuing successful relationship between us.

It's rare to come across people who are so dedicated and trustworthy. Your efforts have not gone unnoticed. Your diligence and detailed approach towards work has set a benchmark for the rest of the workforce.

Congratulations on achieving **Employee of the Month- November 2022**. You are really an asset to the team and the organization.

## Anju Agarwal, Speaker of 6<sup>th</sup> National Submit of IBC and Valuation



6th National Submit of Insolvency and Bankruptcy Code and Valuation was organised on 3rd December 2022 by ASSOCHAM. Mrs. Anju Agarwal, Vertical Head of Insolvency and Director of ASC Group was invited as speaker of the event.

There were 7 eminent speaker of valuation & Insolvency who were on the dais. About 200 Insolvency Professionals and Registered valuers were in the audience from across the country.

The idea behind the conference was to sensitized all the stakeholders to have realistic approach in resolution of the companies in distress. The discussion between the speakers during her talk revolved around that valuation of the companies to be done in more realistic way and not to set very high expectation, so that the prospective investors develop interest in the asset.

Speech given by Mrs Anju Agarwal was appreciated by the speakers and audience, considering the ideas and contributions based on current days challenges on resolution and valuation. The event concluded with queries of the audience replied by the panel of speaker.

## They deserve the love



Animals are just like human beings; deserve a peaceful life and they are also important part of our ecosystem. But we sometimes forget that they are also living creatures. Cruelty means a behavior that harms others physically or mentally. But it's a matter of shame that we only consider human beings when it comes to owelty just because these creatures cannot express themselves as we do, we forget that what we are doing to them if someone same thing does to us, we will die.

It is become a nationwide problem nowadays the govt has already imposed a few laws and few more are needed. Along with that social awareness is also required and we should learn how to treat animals.

In my opinion, I feel that pets rightly deserve all the love. The most common pet is a dog, a men's best friend and most faithful animal. I also have 3 pets and 12 street dogs that I love to feed them on regular basis. I took the responsibility of keeping all of them clean once in a month, providing them a shelter, clothes, medicines, and doctor's services at home from my pocket money.

The journey of a life is better when there is always a habit of giving back and spreading love.

Regards

Kavita Verma MS TEAM





## Try these 8 habits for 90 days and see the magic in your life!

#### 1] Waking up at 5am

Waking up early means you're already ahead of everyone else.

Waking up earlier gives you more time to:

- Workout
- Plan your day
- Work on business
- Be more productive

It's a huge life hack and gives you more time to achieve your goals.

#### 2] Writing down your thoughts before bed

Writing before bed will improve your quality of sleep.

Here's what you can write down:

- Your goals for tomorrow
- · What you're grateful for
- · Any negative thoughts

This will improve your mental health dramatically.

#### 3] Learning an online skill 30 minutes a day

With inflation rising and taxes rising, an online skill will save you financially.

Here are a few skills I recommend:

- Coding
- YouTube
- Copywriting
- Digital marketing
- Content creation

#### 4] Spend 1 hour a day exercising

To have a good mental health, you have to also have food physical health.

Exercise that have the best results:

- Running
- Swimming
- Lifting weights

These will strengthen and tone your body fast.



#### 5] Sit in silence 10 minutes a day

Your mind is racing with hundreds of thoughts every minute.

Take 10 minutes to:

- Sit in silence
- Practice mindfulness
- Give your mind a break
- Be present in the moment

This is an underrated habit for your mental health.

#### 6] Create a proper sleep schedule

Sleep is essential for you:

- Performance
- Mental health
- Reducing stress

Do this for deep and quality sleep:

- No screen 2 hours before bed
- No eating 2 hours before bed

#### 7] Take a 30 minute walk in nature

Nature is proven to help you:

- Get rid of anxiety
- Increase happiness
- Improve your mood

It's one of the best hacks for improving your day.

#### 8] Read 20 pages a day

Reading will strengthen your mind and also:

- Increase your focus
- Increase your knowledge
- Increase your self-confidence

Just 20 pages a day will give you a huge return in life.

#### -Shashank Chatruvedi



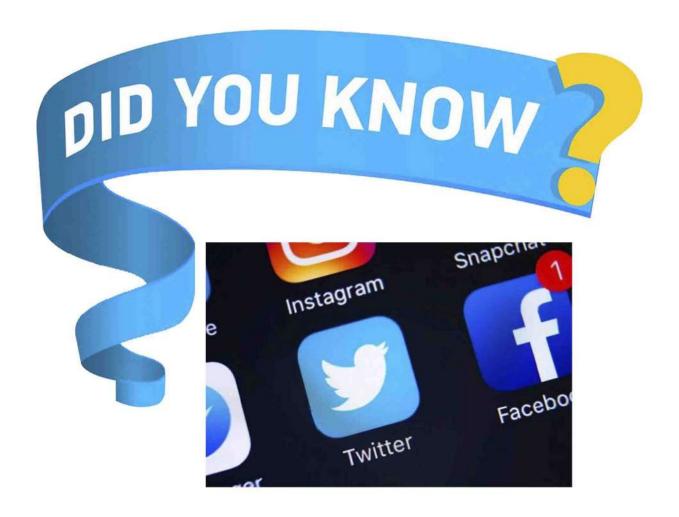
## Celebration on Completion of 10 Years at ASC- Niten Agarwal



## Look what they say about you

- ★ Everybody in life needs a mentor in their life, specifically in their career. If guided properly one can do wonders in their professional life. Niten sir is one of those person who is great mentor and always finds a way to motivate you in all possible ways. The best part about him is that he is very approachable and friendly, so anyone can reach out to him in case of any query and he shall resolve it. It's an honour to work with such a personality and get to explore one's potential to the maximum level.- Babita Bohra
- ★ A great sensei, an expert in his domain. A bona fide professional who often speaks the language of satire and really good at what he does. We are so happy every year you are here, Happy work anniversary! Vaishnavi
- ★ A great mentor, leader and a boss. He is a man who is being looked upon by his entire team for guidance, support and motivation. He is a man of preservance and we as a team feel immense pleasure to work under his leadership. - Tanya Miglani
- ★ I've been working with Niten sir for over 5 years and there hasn't been a single day when he hasn't motivated me to learn something new. I was a complete fresher when I joined ASC; throughout this journey, he has made it a point to broaden my horizons, set new goals and challenges, and helped me overcome my fears. It must have been fate that brought us together, but it's the inspirational leadership and amazing work environment that you created that kept us here.
  - I am overjoyed to have a boss like him and feel honoured to work alongside him. I hope to continue working with him and learning new things in life for many years to come. Sameeta K.C
- ★ Dedication to grow along with the organization is missing in majority
  of the employees in recent times. and on the other hand, ASC has you
  who has devoted his decade of life to build the organization what ASC
  is today. Your contribution to make ASC as an organization would
  never be able forget...-
  - -Ashok Gupta
- Niten sir is the role model of perfect boss, who listens to everything with a tolerance, observes everything with compassion. You are an inspiration sir- Ankur Prabhat





## Did you know the Twitter bird has a name?

It's Larry! The infamous bluebird of social media was named after former NBA player Larry Bird, who used to play for Twitter co-founder Biz Stone's home-state team, the Boston Celtics.

### "Don't let what you can't control interfere with what you can control"

When you can't control what's happening, challenge yourself to control the way you respond to what's happening.

That's where your power is.



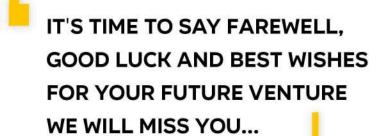
The fact is simple. You are not in control. Not of everything, at least. However, you can focus on what is within your control.

If you focus on the things you can control, you may end up in situations that meet your expectations. By doing that, chances are that life will work out the way you want it more often than not.

I have learned there are only 3 things I can control every day - my attitude, my effort, and my actions towards what happens around me.

- Kanchan

## **Farewell**



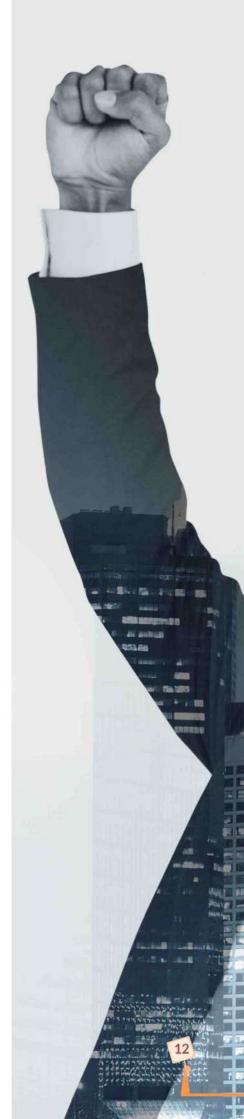








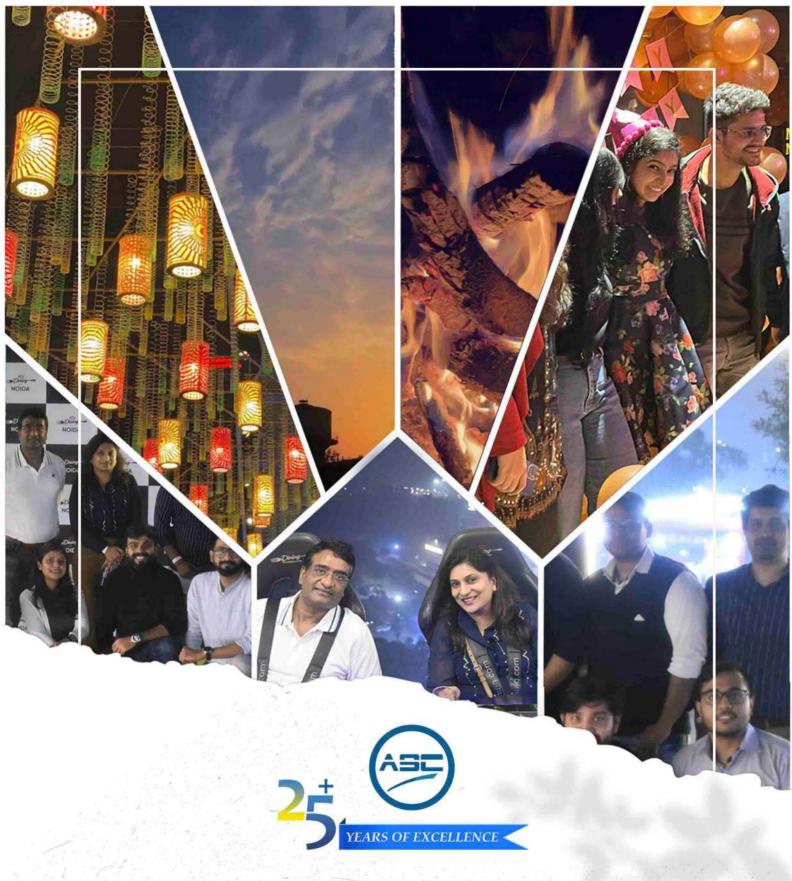




## Quote of the month

"You don't have to be great at something to start, but you have to start to be great at something."

– Zig Ziglar



## ASC SANSAR

A Journey to Build more together ...

Website | Linkedin | Facebook | Instagram | Youtube | Twitter